BioBoost
Accelerating biobased horticulture

Surplus plums for improving the health of senior citizins

Crop	Plum *Prunus domestica L.*
Croppart	Fruit
Application area	Food & feed
Status	Research stage
Public availability	Semi-public
Relevant plant compounds	Vitamins and minerals fibres

Description

Within the Food From Food project, a product from the surplus of the plum harvest will be developed, with a focus on the health-promoting aspects, which have already been described in the literature. Ideally, the product is developed in collaboration with and for healthcare institutions such as hospitals and retirement homes. This fully local Dutch product will fit in with the clean-label trend and answers the demand for target group nutrition and functional nutrition. The product must be easy to eat (ready-to-eat), so that a product high in nutritional values is consumed quickly and easily.

The project is being carried out in collaboration with: Brightlabs, HAS Hogeschool, ILVO and Food Tech Park Brainport

Pros and cons

- Upgrading the value of a very important residual stream in Europe
- Circular economy
- Creating new food product

Resources

https://www.foodfromfood.eu/pruimetime	Initiative website