

Vegan butter

<https://www.bioboost-platform.com/initiatives>



Recipe: coconut oil, aquafaba (chickpea food-can), sunflower oil, apple cider vinegar, salt

- Melt the coconut oil on a low heat, and let cool slightly.
- Add the sunflower oil to the coconut oil.
- Place the aquafaba into a bowl, preferably narrow and high rising, with the apple cider vinegar and salt.
- Use an immersion blender to blend the aquafaba and slightly whip it.
- Slowly add the oil mixture to the aquafaba, while continuously blending.
- Place the mixture into a bowl and let it set in the fridge overnight.